

## Launching and relaunching your career

| Course Workload |       | Assessment form<br>(examination/ graded<br>test/ ungraded test) |
|-----------------|-------|-----------------------------------------------------------------|
| ECTS            | Hours |                                                                 |
| 1               | 36    | Ungraded test                                                   |

This course is a part of the Soft Skills development program. No matter whether you are just starting your career or want to change an existing professional pathway, strategic planning will help you reach your goals. This course will assist you adapt to a fast changing environment by enhancing your self-knowledge and confidence to explore wider career opportunities. The course will help you to formulate your career goals and adapt your skills and knowledge for the current and future jobs. During the course you will learn how to make the most of your strengths, talents, and experience while identifying and addressing your weaknesses. You'll receive valuable guidance based on practical suggestions, theoretical models, and current empirical evidence. Via structured learning activities you will gain an appreciation that career planning and management is an ongoing, rewarding process of assessing career identity, setting new learning goals and career visions, and celebrating accomplishments as you develop. You will also learn how to make your resume distinguishable among competitors and receive tips on how to craft a cover letter that effectively addresses a job description, as well as leveraging social media platforms to optimize your job search.

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